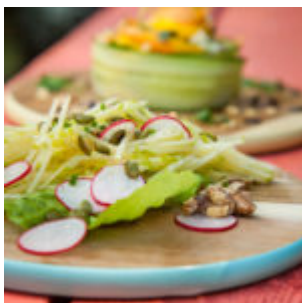


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Apple and Radish Salad

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Ease of preparation rating: Easy

Yield: 4 servings

Ingredients:

2 cups (480 ml) peeled and julienned apple

1 ½ cup (360 ml) thinly sliced radishes

4 cups (1 L) torn Bibb lettuce

Vinaigrette

¾ cup (180 ml) walnut oil

¼ cup (60 ml) apple cider vinegar

3 tablespoons (45 ml) honey

Salt and pepper

½ cup (120 ml) toasted pumpkin seeds

½ cup (120 ml) toasted, chopped walnuts

1 teaspoon (5 ml) chopped chives

Method:

Toss apple, radishes, and torn Bibb lettuce together in a bowl.

For the vinaigrette, combine walnut oil, apple cider vinegar, honey, salt, and pepper in a small jar or bowl. Whisk to combine. Season with salt and pepper.

Drizzle salad with vinaigrette. Toss gently. Add pumpkin seeds and walnuts. Sprinkle with chopped chives.

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